



Congress
2026

PARTNERSHIP PACKAGES



11th International Society for Physical Activity and Health Congress in Mérida, México



The University of Texas at Austin
College of Education



Center for Research to
Community Impact



Instituto Nacional
de Salud Pública

YUCATÁN[®]

FIDEICOMISO PÚBLICO PARA
EL DESARROLLO DEL TURISMO
DE REUNIONES EN YUCATÁN

WELCOME TO THE ISPAH CONGRESS 2026

Going global for local impact: Towards a comprehensive equity approach to physical activity and health

ISPAH is the leading global society promoting physical activity across the life course. Its biennial Congress brings together around 1,000 researchers, practitioners and policymakers to share knowledge and drive action. Past events have been hosted in the USA, Canada, Brazil and France.

The ISPAH Congress 2026 will take place in Mérida, México, from 5–8 October 2026 at the Centro Internacional de Congresos de Yucatán. With physical activity high on the global health agenda, the Congress will explore innovative ways to reduce inequalities in participation and access.

Mérida offers a strong local commitment to active living and aims to leverage global partnerships for lasting health impact. Join us to help reach the global target of a 15% reduction in physical inactivity by 2030 and unlock the full potential of physical activity for healthier communities.

WELCOME

Message from the ISPAH President



On behalf of ISPAH, it is my great pleasure to welcome you to the ISPAH Congress 2026! 2026 will mark 20 years since the first ISPAH Congress held in Atlanta, in the United States. Over the past two decades, our global community has made remarkable progress in advancing the physical activity and public health through research, policy, practice and advocacy.

Yet challenges remain and one of those challenges is the persistent inequities in physical activity participation. Addressing inequity is at the heart of ISPAH and we are especially proud to reaffirm this commitment and to host this milestone congress in México, with the theme 'Going Global for Local Impact: Towards a Comprehensive Equity Approach to Physical Activity and Health'. As the largest global platform for physical activity, the ISPAH Congress 2026 will bring together the world's leading physical activity researchers, practitioners, policymakers and advocates, while celebrating the important contributions to our field from Latin America.

The ISPAH Congress 2026 will also include a social program that will offer opportunities to connect, be active and experience the local culture. Mérida offers incredible opportunities for cycling, walking and running – Parque La Plancha is a highlight – and is known for its cuisine, with Mayan, Spanish and Caribbean influences.

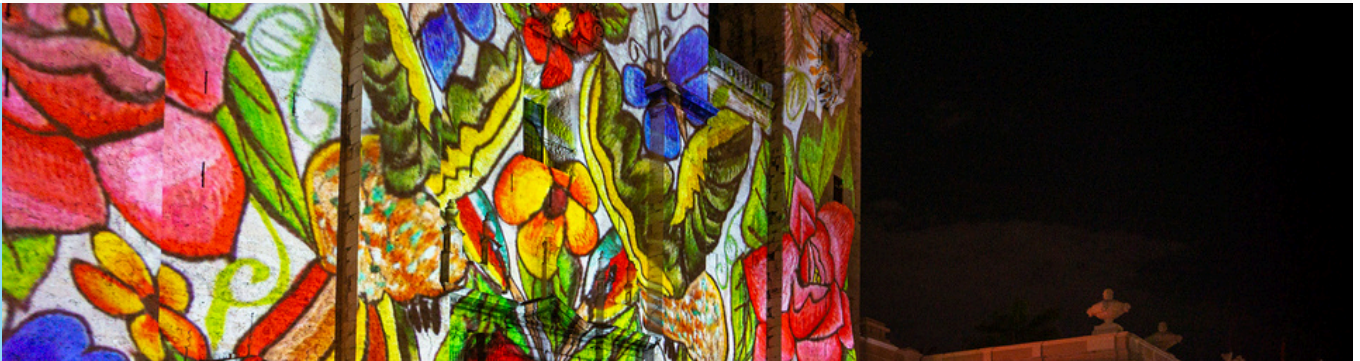
We look forward to seeing you in Mérida for the ISPAH Congress 2026 to exchange knowledge, connect with old and new colleagues and friends and to experience everything the city has to offer.

A/Prof. Sjaan Gomersall

President | International Society for Physical Activity and Health

WELCOME

Message from the National Institute of Public Health of México and The University of Texas at Austin



As local co-hosts for the ISPAH Congress 2026, the National Institute of Public Health of México (INSP) and The University of Texas at Austin (UT Austin) are pleased to invite you to join us in the vibrant city of Mérida, Yucatán, México, from October 5–8, 2026, at the Yucatán International Congress Center.

INSP is one of the leading public health research institutions in Latin America and maintains active collaborations with UT Austin's Center for Research to Community Impact in the areas of physical activity, public health research and capacity building. México and Texas share over 2,000 kilometres of border and deep historical and cultural ties, with 40% of Texas's population identifying as Latino or Hispanic—making collaboration between our regions both natural and vital in addressing the global challenge of physical inactivity.

We are proud to bring the ISPAH Congress back to Latin America for the first time since Rio in 2014—and to host it in a Spanish-speaking country for the first time. This milestone event will highlight the region's growing community of researchers and practitioners, amplify Latin American perspectives and strengthen regional and international partnerships.

Together, we will celebrate transformative research, inspire real-world impact and continue building a world where everyone has the opportunity to move, thrive and reach their full potential. We look forward to welcoming you to México in 2026!

Dr. Alejandra Jáuregui
National Institute of Public Health, México

Dr. Deborah Salvo
The University of Texas at Austin, USA

HOST CITY

Mérida, the capital of Yucatán, México, is a vibrant city known for its rich cultural heritage, colonial architecture and commitment to public health.

As a regional leader in promoting active lifestyles, Mérida offers an inspiring backdrop for the ISPAH Congress 2026.

Delegates will enjoy a safe, walkable city with access to local cuisine, historical landmarks and a welcoming community.

Visitors can explore Mérida's eco-tourism offerings, including chemical-free pools, organic vegan dining, and immersive cultural experiences that support local communities and preserve the region's natural beauty. Initiatives like The Green Maya Project offer curated, low-impact travel experiences that celebrate Mayan heritage and environmental responsibility.



VENUE

The Congress will be held at the Yucatán International Congress Center (CIC Yucatán), a modern facility equipped to host international events.

Located in the heart of Mérida, the venue offers spacious exhibition halls, multiple conference rooms and advanced AV capabilities.

The CIC Yucatán has its own rare natural feature —“El Cenote”, a natural sinkhole that connects to an ancient underground river.

Beyond its architecture, CIC Yucatán balances technology and tradition. It includes halls for the scientific programme, foyers, terraces for social events and an outdoor plaza - offering versatile settings for exhibitions, networking and celebration. Conveniently located in the city centre, it's near hotels and hospitality options.



SUSTAINABILITY



Sustainability is central to ISPAH 2026, reflecting Mérida's strong commitment to environmental stewardship and active living. From the city's green initiatives to our eco-certified venue, we're proud to support a healthier planet while promoting physical activity.

LEED Platinum Venue

- The Yucatán International Congress Center (CIC Yucatán) is the first convention center in Latin America to achieve LEED Platinum certification. It features:
- 15% renewable energy use, including solar panels
- Smart lighting and energy systems reducing consumption by 35%
- Water-saving fixtures and rainwater reuse
- Native landscaping to reduce heat and support biodiversity
- A preserved natural cenote integrated into the venue

Mérida leads in sustainable urban development, with over 55% of municipal energy from clean sources and 91 public buildings powered by solar.

CONGRESS HIGHLIGHTS



- Latest developments in physical activity research, policy and practice
- Keynote speakers and expert-led symposiums
- Oral and poster presentations from global leaders
- Networking events and cultural experiences
- Opportunities to engage with Latin American public health initiatives
- Focus on equity, inclusion and culturally grounded approaches

Audience

The Congress expects to attract up to 1,000 delegates from all regions of the world, including researchers, practitioners and policymakers. Attendees will represent sectors such as health, sport, education, transport and urban planning.

BE PART OF THE CONGRESS

Why?

The ISPAH Congress 2026 offers a unique opportunity to take stock and rejuvenate action on physical activity to improve health and reduce inequalities globally. It is a platform to share best practices, research and policies from leaders worldwide. Showcase your organisation's work, engage in critical discussions and contribute to advancing the global physical activity agenda.



Networking Opportunities:

Engage with key contacts and decision-makers across sectors.

Expertise and Insights:

Stay abreast of the latest scientific and policy developments.

Product Promotion:

Exhibit and promote your solutions to a global audience.

Marketing:

Gain visibility among stakeholders and target groups.

Customised Visibility:

Enhance your presence through tailored exhibit options, newsletters and sponsored events.

PARTNERSHIP OPPORTUNITIES



	Congress Partner Premium Package:	Congress Partner Excellence Package:	Congress Partner Standard Package:
	GBP 8,250 ~USD 11,291.16	GBP 6,500 ~USD 8,896.07	GBP 3,750 ~USD 5,132.35
Supporter Recognition	Recognized as Congress Partner on: - The Congress website - Onsite signage - Intercession slides	Recognized as Congress Partner on: - The Congress website - Onsite signage - Intercession slides	Recognized as Congress Partner on: - The Congress website - Onsite signage - Intercession slides
Profile on ISPAH 2026 Official Congress Website	- Logo with hyperlink on Partners page 250-word profile	- Logo with hyperlink on Partners page 150-word profile	Logo on Partners page
Exhibition Stand	Tabletop: 1 table and 2 chairs; total assigned area: 6x3m (18m ²)	Tabletop: 1 table and 2 chairs; total assigned area: 3x3 m (9m ²)	Tabletop 1 Table and 2 chairs total assigned area: 3x3 m (9m ²)
Registration Benefits	4 Full Congress delegate passes	4 Full Congress delegate passes	2 Full Congress delegate passes.
Social Media Channels	Three posts on the ISPAH social media channels in the lead up to the event	Two posts on the ISPAH social media channels in the lead up to the event	One post on the ISPAH social media channels in the lead up to the event
Poster Session Recognition	Named as a supporter of a Poster Session (limited availability)	X	X

*Tickets to the Gala are not included in congress delegate passes

ADDITIONAL OPPORTUNITIES



DESCRIPTION	AMOUNT
Branded Lanyards *The supporter will be invoiced for the cost of the lanyards, including branding **Final approval of lanyards goes to the organizing committee	GBP 1,300 / ~ USD 1,753
Travel Scholarship *Sponsor covers up to GBP 2,500 for travel, accommodation and registration costs for 1 participant Price includes registration, accommodation and travel stipend	GBP 2,500 per participant / ~ USD 3,388
Coffee Break Supporter (6 opportunities) *The logo will be visible during the selected break - Menu items to be selected and organized by the organizing committee - The supporter will be invoiced for coffee break catering	GBP 1,850 / ~ USD 2,507
Welcome Reception Supporter (2 opportunities) *Logo will be visible during the welcome reception - Menu items to be selected and organized by the organizing committee - The supporter will be invoiced for catering	GBP 1,850 / ~ USD 2,507
Hydration Partner (Water bottle filling stations for the whole venue for 3 days) *This includes the cost of setting up the water station **Signage will be posted to show that you supported the funding for the water stations	GBP 1,100 / ~ USD 1,484
Poster Session Supporter *Named as the supporter of 1 poster session	GBP 3,700 / ~ USD 5,014
Gala Dinner Supporter (8 opportunities) *includes 2 entry tickets for the Gala Dinner - Logo will be visible during the Gala event - Menu items to be selected and organized by the organizing committee	GBP 3,250 / ~ USD 4,382
Active Lifestyle Supporter e.g., Offer a yoga class for delegates.	Upon request

ISPAH PROMOTIONAL CHANNELS

Social Media Reach

- Instagram – ~1,400 followers with a 2.1% growth rate*
 - [@ispahorg](https://www.instagram.com/ispahorg)
- LinkedIn – ~3,500 followers with a 13.8% growth rate*
 - [ISP AH](https://www.linkedin.com/company/ispah)
- Facebook – ~3,000 followers
 - [@ispahorg](https://www.facebook.com/ispahorg)
- BlueSky – ~100 followers (growing rapidly)
 - [@ispah.org](https://bsky.app/profile/ispah.org)
- Monthly Newsletter – Over 5,000 subscribers



Audience Profile

- Members from high-, middle- and low-income countries
- A mix of early career professionals, senior academics and practitioners
- Strong presence in research, policy, education and advocacy
- Active networks including the Early Career Network, regional representatives and global collaborators

*Growth rates reflect that of the month of October 2025

CONTACT US

Congress Committee

To express interest or reserve a package, please contact:

Humberto Vázquez

humberto@hvconferenceorganizer.com.mx

All partnerships are subject to ISPAH and host organization approval.

Terms and conditions apply.

Website: <https://ispah.org/congress-2026/>



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